

# Spiritual Geography System Overview

Visa Entry  
Primary  
Experience

Visa Exit  
Essential  
Spiritual Gift

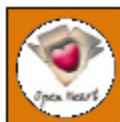
## Country of Betrayal

Element	Vision
Spiritual Task	To begin to see what is, not just what I want to see
Theme	Confusion, inability to see the past or future with clarity
Dominant Fear	"I am afraid of the unknown. I am afraid of change."



## Country of Pain

Element	Emotion
Spiritual Task	To feel my feelings
Theme	Everything hurts. Life hurts. It'll never stop hurting.
Dominant Fear	"I am afraid to feel—really feel—the pain."



## Country of War

Element	Action
Spiritual Task	To act wisely
Theme	Life is a battle. Everything is a fight.
Dominant Fear	"I am afraid to lose."



## Country of Illusion

Element	Thought
Spiritual Task	To recognize the power of toxic thinking
Theme	The past is a trap. I am conditioned by my history.
Dominant Fear	"I am afraid to see how I created this mess."



## Country of Surrender

Element	Possessions
Spiritual Task	To learn to trust
Theme	Loss, terrifying aloneness
Dominant Fear	"I am afraid to let go. If I let go I will be completely alone."



## Country of Choice

Element	Words
Spiritual Task	To create a new kind of conscious, joyful life
Theme	Starting again is so hard.
Dominant Fear	"I am afraid I won't be able to build a good life."



## Country of Peace

Element	Being
Spiritual Task	To forgive and love again
Theme	Forgiveness, love, gratefulness, communion with divine
Thoughts	"I forgive. I am whole. I love. Life is good."

